Fixture List and Timetable for 2021 Rosenheim League

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Time | Battersea (Serpentine) | | Sutton (Croydon Harriers) | | Kingston (K&P) | | Walton (Walton AC) | |
|  | June 30th | | July 21st | | August 18th | | September 1st | |
|  | Track | Field | Track | Field | Track | Field | Track | Field |
| 6.45 | 400mH\* | Ham M/W | 2K SC M | Triple J W |  | PV M & W |  | Triple J M |
|  |  | Long J  M / W |  | Jav W |  | Jav M |  | Dis W |
|  |  |  |  | High J M |  |  |  | High J W |
|  |  |  |  | Shot M |  | Shot W |  | Shot M |
| 6.55 |  |  | 200m Men |  |  |  |  |  |
| 7.00 | 100M W |  | Followed by |  | 100M W |  | 100M W |  |
|  | Followed by Men |  | Women |  | Followed by Men |  | Followed by Men |  |
| 7.20 |  |  | 1500m SC W |  |  |  |  |  |
| 7.30 | 800 |  | 1500 |  | Mile |  | 800 |  |
|  | All Seeded | Fastest | First | Men | And | Women | Together |  |
| 7.50 | 200m W | High J M / W | 400m W | Jav M | 200M W |  | 400m W | Dis M |
|  | Followed by Men | Shot M / W | Followed by Men | Triple J Men | Followed by Men | Jav W | Followed by Men | Triple J W |
|  |  |  |  | High J W |  | HJ M Start. Height 1.5m |  | Shot W |
|  |  |  |  | Shot W |  | HJ W Starting Height 1.3m |  | High J Men |
|  |  |  |  |  |  | Shot M |  |  |
| 8.15 | 3000m Sub 10 Min |  | 3000m Sub 10 Min |  | 3000m Sub 10 Min |  | 3000m Sub 10 Min |  |
|  | Races will be Seeded, Race Cut off May Be Adjusted On the Night For 2 Heats of equal size or one race at earlier time if numbers and officials permit | | | | | | | |
| 8.30 | 3000m Over 10min |  | 3000m Over 10min |  | 3000m Over 10min |  | 3000m Over 10min |  |
|  |  |  |  |  |  |  |  |  |

Entry is Limited to Members of the Rosenhiem League Clubs and must be U17 and above!

Entry Fee is £3.00 for the first event and £5.00 for two or more.

The number of throws and jumps will depend on the number of entrants for each event.

All competitors will get at least three attempts, but the competition needs to be completed on time, so more attempts may be possible if people drop out or with a small field. Track athletes only get one attempt!!!

Competing Clubs to supply a track judge or time keeper and a field Judge.

\*Depending on pre-entries.