

Risk Assessment Form

Venue:	Orchard Lisle Swimming Pool	Location of first-aid kit:	By the reception/Lifeguard station
Address:	Wolfson House, London SE1 3RB	Stocked and maintained:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Group:	Serpentine London Bridge swim	Location of first-aid kit:	By the reception/Lifeguard station
Date:	30/05/2022	Location of telephone:	By the reception/Lifeguard station
Time:	20:00 GMT	Location of toilets:	Mens and Ladies easily accessible from pool
Participants:	Max 16	Location of changing rooms:	Basement level of leisure centre
Age:	18+	Venue contact:	Fred Lewis
Ability:	Mixed (Novice to Advanced)	Name:	Fred Lewis
Lead coach name:	Aga Wicinska	Number:	0207 188 6499
Venue documents read and understood (please ✓ appropriate box):	Normal operating procedures: <input type="checkbox"/> No Y <input checked="" type="checkbox"/> Yes Health and safety policy: <input type="checkbox"/> No Y <input checked="" type="checkbox"/> Yes Emergency action plan (EAP): <input type="checkbox"/> No Y <input checked="" type="checkbox"/> Yes	Additional notes:	

Name of person conducting risk assessment:	Signed:	Date:
Aga Wicinska	AWICINSKA	30/05/2022

Note: Person conducting risk assessment must sign and date the bottom of both sheets.

Risk Assessment Form

Description of Hazard:	Level of Risk (high/medium/low)	Those at Risk:	Action(s) to Alleviate Risk:	Date Reviewed/Alleviated:
<p>Pool Design:</p> <ul style="list-style-type: none"> • Adequate lighting • Limited glare • No blind spots • Rope loops safely placed • Background noise • Use of all lanes/ disabled access point 	<p>Likelihood: Medium Impact: Low</p>	Swimmers/ Coaches	<p>Pool Design:</p> <ul style="list-style-type: none"> • Good lighting in place. East access to controls • Walked around pool and asked for daytime sun and no issues • Clear visibility from all angles of the pool • Ropes all anchored in and spare ropes kept safely on a storage device loops safely placed • Ceiling not too high therefore not too much echo. Controls for speaker have been identified 	30/05/22
<p>Depth:</p> <ul style="list-style-type: none"> • 1.5m Deep end • 1.1-1.5m adaptable shallow end 	<p>Likelihood: Medium Impact: High</p>	Swimmers	<ul style="list-style-type: none"> • No sudden drop in depth. Change is a gradual • No diving allowed in shallow end to be announced at the start of every session • Depth clearly marked on digital board on the adaptable side • All swimmers expected to be able to swim 100FC 	30/05/22
<p>Water/Air quality</p> <ul style="list-style-type: none"> • Water temp – not too high/low • Water – able to see bottom of the pool 	<p>Likelihood: Low Impact: High</p>	Swimmers/ Coaches/ Centre Staff	<ul style="list-style-type: none"> • Water checked every 2 hours. Temp and chlorine levels are checked and logged • Outside temp is determined by number of swimmers 	30/05/22

<p>Pool Organisation</p> <ul style="list-style-type: none"> • Use of pool • Life guards in place • Pool etiquette 	<p>Likelihood: High Impact: Low</p>	<p>Swimmers/ Coaches/ Centre Staff/ Members of public</p>	<ul style="list-style-type: none"> • Serpentine RC has use of whole pool • Lifeguard in place. Covered for up to 30 people • Use of 'Private Hire' boards available • No running pool side • Overtaking and swim direction to be explained at start of every session • 4-5 swimmers per lane 	<p>30/05/22</p>
<p>Human Resources</p> <ul style="list-style-type: none"> • Lifeguard in place • Coaches in place 	<p>Likelihood: Low Impact: High</p>	<p>Coaches/ Lifeguard</p>	<ul style="list-style-type: none"> • Lifeguards provided by centre (1:30 ratio) • BTF Level 1-3 coaches available. Coaches for the session to be known in advance of the session • Simple session plan following BTF template 	<p>30/05/22</p>
<p>Participants and ability</p> <ul style="list-style-type: none"> • Mixed • At a minimum able to swim 100m FC unaided • Able to understand language session will be delivered in (English) • Learning difficulties/Physical disabilities known • Illness/ Injury 	<p>Likelihood: Medium Impact: Low</p>	<p>Swimmers/ Coaches/ General public</p>	<ul style="list-style-type: none"> • Application process highlights the need to be able to swim 100m • The start of each session will ask people to highlight any physical issues/injuries before they enter the water • Pre-screening of applications will highlight any learning difficulties/ physical disabilities • Use of printouts to outline the session 	<p>30/05/22</p>

<p>Equipment – trip or impact potential</p> <ul style="list-style-type: none"> • Removable items • Immovable items 	<p>Likelihood: Medium Impact: High</p>	<p>Swimmers/ Coaches/ Person filming/ General public</p>	<ul style="list-style-type: none"> • Point out any obstructions at start of session such as steps on outer lanes, disabled access ramp • Check all lane ropes in the correct position • Emergency aquaboard is available with neck support • Keifer branded water safety equipment also poolside • Check enough pull buoys, floats have been brought out. 20-30 available. • Raise awareness of lifeguard seating area • Raise awareness of tiled floor and no running on these • Ensure pool deck is clear of removable trip hazards 	<p>30/05/22</p>
<p>Disabled access via hoist</p>	<p>Likelihood: Low Impact: Medium</p>	<p>Swimmers/ Coaches/ Centre staff</p>	<ul style="list-style-type: none"> • Electronic • Is in the lane furthest from the changing rooms • Only trained people to operate this 	<p>30/05/22</p>