

Serpentine Multi Sport Championship 2007

Name	Running										Triathlon				Duathlon			Cross-Country and T&F			Aquathlon		Races	Total	Gender
	FM	20M	HM	10M	10k	5M	5k	3k	1M	1k	Ironman	Middle	Olympic	Sprint	Du1	Du2	Du3	XC1	XC2	Dec	Aq1	Aq2			
Sally Hodge						76.9	68.3																2	145.2	F
Helen James	71.5			72.8																			2	144.3	F
Helene Johansson			64.8																				2	144.1	F
Garnet Walters	57.5	58.6		67.3	58.1	70.1	63.5	70.4	71.6	70.7													2	142.3	F
Carole Wisdom					68.4					73.9													2	142.2	F
Ava Lau	59.1	75.6																					2	134.7	F
Geraldine Nogami	57.0	63.5		68.4																			2	132.0	F
Nicola Miller	54.4			70.6																			2	125.0	F
Ruth Martin	57.1		62.6																				2	119.7	F
Leanne Keltie																		70.6		41.7			2	112.3	F
Hel James									70.9											22.3			2	93.2	F
Jennifer Armson		98.7																					1	98.7	F
Elkie Thorndyke				96.0																			1	96.0	F
Helen Mussen							94.5																1	94.5	F
Christine Lutsch													91.9										1	91.9	F
Helen Usborne																							1	91.2	F
Tanya Carr																90.5							1	90.5	F
Nicola Wraight																						89.8	1	89.8	F
Mary Owen	88.4																						1	88.4	F
Kay Bettis																							1	88.3	F
Nancy Labiner	88.2																						1	88.2	F
Holly Gilbert			87.6																				1	87.6	F
Claire Warner	87.5																						1	87.5	F
Grainne Odonnell	87.5																						1	87.5	F
Vanessa Fawcett	84.5																						1	84.5	F
Cheryl Sacks																			84.5				1	84.5	F
Jany Tsai	84.4																						1	84.4	F
Sioned Morgan										84.4													1	84.4	F
Sophie Gaskell	83.9																						1	83.9	F
Alison Morgan	83.9																						1	83.9	F
Rebecca Podbury	83.5																						1	83.5	F
Laura Denison			83.1																				1	83.1	F
Sue-Ellen Horrocks						81.8																	1	81.8	F
Grethe Petersen	81.3																						1	81.3	F
Claire Scrutton							81.0																1	81.0	F
Marina Koutsoudis					80.7																		1	80.7	F
Monica Kiraly					80.2																		1	80.2	F
Sharon Lindores			79.8																				1	79.8	F
Lisa Pettit		79.7																					1	79.7	F
Jeanette Kendall	79.6																						1	79.6	F
Anneli MacDonald			79.1																				1	79.1	F
Veronika Drahos	79.0																						1	79.0	F
Katie Levy									78.9														1	78.9	F
Carrie Doyle	78.3																						1	78.3	F
Lynn Plumbley																				77.5			1	77.5	F
Vicky Inness	77.3																						1	77.3	F
Naomi Howard																						77.3	1	77.3	F
Abi Moran																							1	77.3	F
Liz Tapp																							1	77.3	F
Josephine Currie						76.9																	1	76.9	F
Melissa Glackin				76.4																			1	76.4	F
Anjana Gadgil	76.1																						1	76.1	F
Barbie Bressolles																							1	76.0	F
Meri MacHin-Roberts										75.9													1	75.9	F
Barbara Deuring																							1	75.7	F
Helen Forsey																							1	75.6	F
Gargi Patel	75.5									75.6													1	75.5	F
Laura Denness																							1	75.1	F
Leanna Veal	75.0																						1	75.0	F
Elizabeth Day	74.0																						1	74.0	F
Hilary Webber	73.9																						1	73.9	F
Yukimi Rabnott					73.6																		1	73.6	F
Sarah Cutler	72.9																						1	72.9	F
Chantal Lefevre	72.5																						1	72.5	F
Debbie Clarke	72.3																						1	72.3	F
Ana Turrent	72.3																						1	72.3	F
Hilary Walker	72.3																						1	72.3	F
Amy Balchin	72.2																						1	72.2	F
Tara Stevens				72.0																			1	72.0	F
Rebecca Crawford	72.0																						1	72.0	F
Denise Roach	71.2																						1	71.2	F

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	FM	20M	HM	10M	10k	5M	5k	3k	1M	1k	Ironman	Middle	Olympic	Sprint	Du1	Du2	Du3	XC1	XC2	Dec	Aq1	Aq2				
Sue Lambert	71.1																						1	71.1	F	
Susana Gonzalez	71.0																							1	71.0	F
Charlotte Denton	70.7																							1	70.7	F
Susan Kennedy	70.7																							1	70.7	F
Suzie Mate		70.6																						1	70.6	F
Katie Clarke	70.4																							1	70.4	F
Linda Pomeroy	70.1																							1	70.1	F
Marie Fontaine	70.0																							1	70.0	F
Niroshee Gunasingam																								1	70.0	F
Louisa Reeves				69.9																				1	69.9	F
Ellie Clarke	69.4																							1	69.4	F
Caroline Thorpe	69.2																							1	69.2	F
Rachel Gardner	69.1																							1	69.1	F
Jess Walsh	68.6																							1	68.6	F
Jane Bailey																								1	68.3	F
Becca Downing	67.9																							1	67.9	F
Caroline Ringrow	67.3																							1	67.3	F
Alex Lord				67.2																				1	67.2	F
Isabel Burton	67.1																							1	67.1	F
Miho Nakashita	66.9																							1	66.9	F
Diana Verde Nieto	66.8																							1	66.8	F
Sarah Laughton	66.6																							1	66.6	F
Sarah Fleming	66.1																							1	66.1	F
Ellie Tole	65.7																							1	65.7	F
Katariina Valkeinen	65.7																							1	65.7	F
Tarminder Grover	65.5																							1	65.5	F
Natalie Fudge	65.4																							1	65.4	F
Ros Young																								1	64.5	F
Clare House	64.2																							1	64.2	F
Dolores Espinar	64.1																							1	64.1	F
Angela Hoffman	63.7																							1	63.7	F
Julie Cameron-Doe	63.7																							1	63.7	F
Annette Duncan	63.2																							1	63.2	F
Nicole Swan	63.1																							1	63.1	F
Patricia Moody	62.8																							1	62.8	F
Camila Gelber																								1	62.7	F
Stephanie Chiswell	62.3																							1	62.3	F
Laura Barter	61.5																							1	61.5	F
Victoria Schreiber	60.4																							1	60.4	F
Naoko Fader	59.7																							1	59.7	F
Kathleen Brady	58.4																							1	58.4	F
Catherine Pooley	58.0																							1	58.0	F
Barbara Illingworth	57.7																							1	57.7	F
Kate Evans				57.6																				1	57.6	F
Catherine Siciliano	57.4																							1	57.4	F
Julie Mehrabian	57.1																							1	57.1	F
Anne Opute	56.8																							1	56.8	F
Anita Majumdar	56.6																							1	56.6	F
Anita McConnell	56.3																							1	56.3	F
Diana Profir	56.1																							1	56.1	F
Marianne Morris	55.6																							1	55.6	F
Tania Shillam	55.2																							1	55.2	F
Theresa McGovern	54.6																							1	54.6	F
Lesley Francis	54.4																							1	54.4	F
Remi Aiyela	53.6																							1	53.6	F
Gillian MacCabe	53.5																							1	53.5	F
Roseanne Meacher	53.1																							1	53.1	F
Virginia Woodger	51.2																							1	51.2	F
Kathy Crilley	45.9																							1	45.9	F
Sophie Woolley	45.8																							1	45.8	F
Pamela Storey	42.7																							1	42.7	F
Cathy Warwick	42.2																							1	42.2	F
Mary Clarke																								1	23.8	F
Alicia Heeneman																								1	15.1	F
Vikki Stringer																								0	0.0	F

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Andrew Maynard	87.6					84.2	88.9			87.9								89.0					2	176.9	M
Bradley Cobb							85.1																2	174.0	M
Malcolm Hinsley	84.3				86.4		87.3			78.5													2	173.7	M
Paul Rowbotham								86.0	85.8														2	171.7	M
Sam Allpass	82.2	85.0						85.0	86.5														2	171.5	M
Owen Barder	82.9	88.5																					2	171.3	M
David Simpson			83.6															86.5					2	170.1	M
Dean Morley	81.5	83.1	86.4					82.6															2	169.5	M
Anthony Stranger-Jones	82.3	83.1			84.7		84.2			79.7													2	169.0	M
James McKenna					84.1		83.1			84.5													2	168.5	M
Rostyslav Braharnyk	66.6				80.3		87.5																2	167.8	M
John Peasland	80.6					87.0																	2	167.6	M
Jaran Finn				75.2		81.3	85.9																2	167.2	M
Michael Wiggins	83.0									84.0													2	166.9	M
Andrew Sinclair	86.3	80.4																					2	166.7	M
Andrew Hibbert	75.0																	91.3					2	166.3	M
Hunor Albert-Lorincz			79.0							87.2													2	166.2	M
Paddy Green	79.9			84.4																			2	164.3	M
Robert Westaway	79.3		84.6																				2	164.0	M
Jonathan Rae	74.5												88.6										2	163.0	M
Abdifatah Duhulow			80.8	78.3			79.5	81.9		78.5													2	162.8	M
Jonathan Sanderson	69.1	76.9			85.5																		2	162.4	M
Stephane Schneider			76.4		76.7			80.4	82.0	77.0													2	162.4	M
Quintin Wright	74.3						87.2																2	162.4	M
Juho Lahdenpera	71.1												90.4										2	161.5	M
Simon Bampfyde	80.4			77.4				81.0	78.5														2	161.5	M
Christopher Abele	76.2						83.5																2	161.4	M
John Dsouza					73.6		76.1	77.3	82.0	77.3													2	159.7	M
Frank Markey				76.3		82.9																	2	159.3	M
Tim Yip										79.3													2	159.2	M
Aaron Gaulke	78.6		79.8																		79.4		2	158.7	M
Abdulrashid Abdi																							2	158.4	M
Adrian Lloyd	72.7		79.6				77.3	78.9	79.4	74.4													2	158.3	M
Fraser Johnson	73.7							78.5	78.2														2	158.0	M
Tom Fry	70.7													86.2									2	157.4	M
Martin Leat		76.3	77.9	78.9																			2	156.9	M
Nick Copas	75.5		81.4																				2	156.9	M
Mark Pinnick					70.9				78.5	78.1													2	156.6	M
David Smart					76.0		79.1		77.2	76.2													2	156.3	M
Kenny Clarke	78.8			76.5																			2	155.3	M
William Simpson	68.8	72.4	75.9	69.6	78.2	72.3	75.0	76.4	76.9	72.7													2	155.2	M
Claudio Belotti			76.5		78.2		75.9	76.6	76.7	75.5													2	154.9	M
Thomas Blanc																		74.2	79.4				2	153.6	M
Peter Bowles			77.9		75.2		74.9			70.4													2	153.2	M
Rory MacFarlane										77.6	75.5												2	153.1	M
Edward McKinley	77.3			75.7																			2	153.0	M
Richard Long			76.3	75.9	76.0			75.9		71.7													2	152.4	M
Mark Wadley	65.7						86.6																2	152.3	M
Raoul Mansukhani			75.9	76.0																			2	151.9	M
Brian Lang	74.3													76.5									2	150.8	M
Mark Smith	68.5									81.8													2	150.3	M
Kevin Freeman	64.1	72.1	77.1																				2	149.3	M
Andy Tsoi	69.3		78.8																				2	148.1	M
Angus Hodgson	72.0	76.1																					2	148.1	M
Robert Beattie						75.2	72.2			72.9													2	148.1	M
Mihai Comsulea	73.5						73.9																2	147.3	M
John Cullinane				70.5	71.8	73.5	72.6																2	146.1	M
Steve Edwards							73.1	72.4		65.7													2	145.5	M
Philip Sloss	55.9																						2	143.4	M
Richard Poulter	69.4	71.5																					2	140.9	M
Richard Smith					67.8																		2	140.4	M
Alistair Gear				67.2	71.3	69.1																	2	140.4	M
Dominic Whelan	65.9	72.3																					2	138.3	M
Brian Harris							66.2	66.6	67.6	68.9													2	136.4	M
Mike Lau	67.9			65.1		65.9																	2	133.9	M
Paul Garner	50.5		82.6																				2	133.1	M
Neil Davies							66.1			66.5													2	132.6	M
Andy Sly	62.2	70.3																					2	132.5	M
Bob Costa	63.0				69.4																		2	132.4	M
Mike Garvin	58.7				73.6																		2	132.4	M
Simon Maughan	62.3				61.4					69.8													2	132.0	M

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Jean Luc Hoez	52.8						78.4																2	131.2	M
Richard Stewart	60.5		70.4																				2	130.9	M
Lewis Aldridge	59.3																71.2						2	130.5	M
Ken Kwok								65.0	65.3														2	130.3	M
George Allan	59.3																	69.6					2	128.9	M
Bob Davidson						59.4	59.4																2	118.8	M
Pani Voskou				52.5		59.2																	2	111.7	M
Michael Egbor	41.9	44.9																					2	86.9	M
Chris Fox										100.0													1	100.0	M
John Lund													100.0										1	100.0	M
Nicholas Torry																			98.4				1	98.4	M
Jon Fairs			98.3																				1	98.3	M
Andy Tough												98.2											1	98.2	M
Andrew Harrison												98.1											1	98.1	M
Julian Nagi										97.4													1	97.4	M
Jonathan Davies										97.2													1	97.2	M
Charles Barclay										97.2													1	97.2	M
Douglas Gurr										96.3													1	96.3	M
Paul Andrew													95.6										1	95.6	M
Alexander Godfrey									94.6														1	94.6	M
Peter Bovill	94.3																						1	94.3	M
Simon Massey				93.1																			1	93.1	M
Tom Seal																							1	91.8	M
Graeme Blair										91.2		91.8											1	91.8	M
Tim Thomas																						91.2	1	91.2	M
Michael Gallagher	90.1																						1	90.1	M
Paul Jenkinson																89.3							1	89.3	M
Oliver Jones													89.3										1	89.3	M
Phil Dickens	89.1																						1	89.1	M
Michael Hadmon								88.9															1	88.9	M
Nicholas Blackwell	88.5																						1	88.5	M
Richard Legge																		88.3					1	88.3	M
Graham Kendall		88.1																					1	88.1	M
Gary Dench							87.9																1	87.9	M
Frank Oneill										87.8													1	87.8	M
Michael McGeown																86.7							1	86.7	M
Chris Fletcher	85.4																						1	85.4	M
Brent Plump																			85.2				1	85.2	M
Ian Smith					85.1																		1	85.1	M
Alistair Henderson																					85.1		1	85.1	M
Simon Freeman	85.0																						1	85.0	M
John Hudspith	83.6																						1	83.6	M
Stephen Bell							83.3																1	83.3	M
Paul Williams															83.2								1	83.2	M
Jamie Smalley	82.7																						1	82.7	M
Michael Price		82.6																					1	82.6	M
Dominic Walker												82.4											1	82.4	M
Dan Foehner	82.2																						1	82.2	M
Andrew Jones																	82.1						1	82.1	M
Roger Fretwell																							1	82.1	M
Martin Banfield							82.1																1	82.1	M
Gugloo Sivia																82.1							1	82.1	M
Karl Riddick	81.8																						1	81.8	M
Brian Tennant	81.5																						1	81.5	M
Michael Krautzberger	81.2																						1	81.2	M
Mike Holyoak	81.0																						1	81.0	M
Kenny Macleod						81.0																	1	81.0	M
Samuel Boyling			81.0																				1	81.0	M
Kevin Couchman	80.9																						1	80.9	M
Terence Collins																							1	80.7	M
Heathcliffe Jones																							1	80.5	M
Teppo Palosaari																							1	80.3	M
Alberto Martin								80.3															1	80.3	M
Gary Eaborn				79.8																			1	79.8	M
Karsten Buecker	79.7																						1	79.7	M
Chris Ward	79.6																						1	79.6	M
Paul Fromme																							1	79.5	M
Lionnel Pradier				78.7																			1	78.7	M
Ivan Parks	78.3																						1	78.3	M
Stephen Taylor																							1	78.2	M
James Stratford																							1	77.9	M

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Steve Brett	77.9																						1	77.9	M	
Michael Connolly	77.9																							1	77.9	M
David Jones	76.6																							1	76.6	M
Logan Campbell	76.1																							1	76.1	M
Jason MacKenzie	76.0																							1	76.0	M
James Snowdon	75.7																							1	75.7	M
Toby Melville	75.6																							1	75.6	M
Gary Hymns																		75.4						1	75.4	M
Hugo Wood	74.9																							1	74.9	M
Sam Phelps	74.8																							1	74.8	M
Daniel Avigad	74.8																							1	74.8	M
Mark Reckless	74.8																							1	74.8	M
Patrick Foster																								1	74.6	M
Robert Crangle	74.4																							1	74.4	M
Kiaron Whitehead																								1	74.3	M
Andrew McGovern	74.0																							1	74.0	M
Brian Pickles																								1	73.9	M
Sam Rutledge	73.8																							1	73.8	M
Christopher Purkiss	73.6																							1	73.6	M
Anthony Alexander																								1	73.4	M
John Wilkins	73.2																							1	73.2	M
Sam Elder																								1	72.8	M
Robert Maslen																								1	72.8	M
Piers Faulkner																								1	72.8	M
Theo Wynne-Simmons																								1	72.7	M
Paul Brennan																								1	72.2	M
Brad Robinson																								1	72.2	M
Stephen Davies	72.0																							1	72.0	M
Tom Diethe	71.9																							1	71.9	M
Gareth Edwards	71.9																							1	71.9	M
Anthony Noun	71.4																							1	71.4	M
Dan Parsonage																								1	71.4	M
Darren Sidnick	71.0																							1	71.0	M
Stuart Gurr	70.9																							1	70.9	M
Andrew Greenwood	70.7																							1	70.7	M
Paul Lovett	70.6																							1	70.6	M
Martin Wiggins																								1	70.5	M
Gregor Rapprich																								1	70.0	M
Patrick Waldron																								1	69.9	M
Mark Palmer	69.9																							1	69.9	M
David Tillyer	69.8																							1	69.8	M
Andrew Erskine	69.7																							1	69.7	M
David Hinds	69.6																							1	69.6	M
Alex Pearson																								1	69.6	M
Omar Holguin	69.5																							1	69.5	M
Matthew Chiles	69.5																							1	69.5	M
Panos Angelopoulos	69.3																							1	69.3	M
Christopher Spence	69.0																							1	69.0	M
Nick Wharton	68.6																							1	68.6	M
Robert Hodge	68.1																							1	68.1	M
Ash Sethi																								1	68.1	M
Huw Keene	67.8																							1	67.8	M
Graham Carson																								1	67.5	M
Andrew Stylianou	67.0																							1	67.0	M
Daniel De Belder	66.7																							1	66.7	M
Adesola Bankole	66.7																							1	66.7	M
Dean Wheeler																								1	66.6	M
Simon Ellice	66.3																							1	66.3	M
Jason Foo	66.2																							1	66.2	M
Kieran Fanning	65.6																							1	65.6	M
Eamonn Richardson	65.1																							1	65.1	M
Derek Watson																								1	65.1	M
Shaun Abram	65.0																							1	65.0	M
Ian Keith	65.0																							1	65.0	M
Saradhi Rajan	65.0																							1	65.0	M
Manuel Moreno																								1	64.9	M
Alex Brooks	64.8																							1	64.8	M
Benoit Seguret	64.7																							1	64.7	M
Dan Riggs	64.7																							1	64.7	M
Cornelius Barry	64.6																							1	64.6	M
Moddy Moss	64.4																							1	64.4	M

Serpentine Multi Sport Championship 2007

Name	Running										Triathlon				Duathlon			Cross-Country and T&F			Aquathlon		Races	Total	Gender	
	FM	20M	HM	10M	10k	5M	5k	3k	1M	1k	Ironman	Middle	Olympic	Sprint	Du1	Du2	Du3	XC1	XC2	Dec	Aq1	Aq2				
Stephen Nuttall	64.2																						1	64.2	M	
Ivan Bumstead	64.2																							1	64.2	M
Angus Beaumont	63.9																							1	63.9	M
Jim Smith	63.7																							1	63.7	M
Alan Hancock	63.1																							1	63.1	M
Chris Postlethwaite	63.0																							1	63.0	M
Chris Rough	62.6																							1	62.6	M
James Waller	62.5																							1	62.5	M
Nicholas Hill	62.1																							1	62.1	M
Amir Shamsuddin	62.1																							1	62.1	M
Jaco Wentzel	61.9																							1	61.9	M
Andrew Blair-Smith	61.9																							1	61.9	M
Carsten Dannert	61.8																							1	61.8	M
Duncan Goldie-Scot	60.5																							1	60.5	M
Alexandros Sichlimiris	60.2																							1	60.2	M
Philip Diamond	59.6																							1	59.6	M
David Green	59.6																							1	59.6	M
Russell Dixon-Box	58.8																							1	58.8	M
Philip Chapman	58.7																							1	58.7	M
Nicholas Beale	58.5																							1	58.5	M
Keith Evans				58.1																				1	58.1	M
Justin Brown	57.8																							1	57.8	M
Benjamin Mellors	57.3																							1	57.3	M
John Ogilvie	56.7																							1	56.7	M
Matthew Flett	56.7																							1	56.7	M
Chris Ludlam	56.4																							1	56.4	M
Josh Gonnella	55.2																							1	55.2	M
Ian T Cooper	55.2																							1	55.2	M
Rupert McPetrie	55.0																							1	55.0	M
Kenneth Baxter	53.9																							1	53.9	M
Matthew Bastian			53.2																					1	53.2	M
Darren Nicolas	52.9																							1	52.9	M
Jerome Ponchelle	52.8																							1	52.8	M
Jamie Berger	49.5																							1	49.5	M
Ernie Ferriday	48.1																							1	48.1	M
Sean Scanlon	47.5																							1	47.5	M
Antonio Latorre	45.5																							1	45.5	M
Robert Myers	45.2																							1	45.2	M
Bruce Levy	44.1																							1	44.1	M
Kamlesh Parmar	41.0																							1	41.0	M
Eddie Murphy	37.7																							1	37.7	M
Dan Taranik	30.6																							1	30.6	M
Tony McGahan																				21.8				1	21.8	M
Ashok Jamdagni																				17.8				1	17.8	M