

Race Entry Form

Serpentine – Last Friday of the Month 5km

First Name: _____

Surname: _____

Male/Female: _____ Date of Birth: _____ Age on race day: _____

Address: _____

Town: _____

County: _____ Post Code: _____

Day Tel: _____ Home Tel: _____

Email: _____

UK Athletics affiliated club (if any): _____

Competition Licence number (where applicable): _____

Emergency contact, name and number: _____

Race entered and date: _____

Estimated finishing time: _____

I enclose a cheque (**please write cheque using BLACK ink**), payee Serpentine Running Club, to the value of £2.00 for a member of any athletics or running club or £5.00 if unaffiliated.

Signed: _____

Please enclose a C5 size (163 x 230mm or 9 x 6) stamped addressed envelope. Please remember to put the correct stamp on it for the size of envelope.

I declare that I will abide by the laws and rules of UK Athletics. I am not under the minimum age to compete in this event (13 years for boys and girls on the day of the race). I accept that neither the race director or any persons involved in the organisation of the event will be liable for any loss, damage, action, claim, costs or expenses that may arise in consequence of my participation in this event, however such may be caused. I declare that I will not compete in this race unless I am in good health on the day of the race and that in any event, I will only compete at my own risk. Advice on preparing for an endurance running event can be found on the Runners' Medical Resource website at www.runnersmedicalresource.com

Send entry form to:

Malcolm French, 35 Merton Road, Harrow, Middx, HA2 0AA

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For safety reasons, please do not run wearing headphones or other impediments to your hearing. You must be able to hear any warnings or guidance that the course marshals or race officials give you. This is for your safety, the safety of your fellow competitors and the safety of the general public.

Data Protection information - You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times and age category. Your Personal Information may be shared with the emergency services, if required.

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