

## Juniors' Race Planner

Mar 2016	Road Running	Triathlon	Athletics
Sat 5th	Serpentine Handicap (U17+)		
Sun 6th			WSEH Open Graded Indoor Meeting
Sat 19th			Herts, Middlesex and Kent Indoor Champs
Sun 20th		London Fields Aquathlon	Herts, Middlesex and Kent Indoor Champs
Sun 27th			Lee Valley Indoor Meeting (U13 & U15)
Apr 2016	Road Running	Triathlon	Athletics
Sat 2nd	Serpentine Handicap (U17+)		WSEH Open Graded Meeting
Wed 6th			Highgate Open Graded Meeting
Sat 16th			Southern Athletics League (U17+)
May 2016	Road Running	Triathlon	Athletics
Sun 1st		QEOP Duathlon	
Sat 7th	Serpentine Handicap (U17+)		
Sun 8th			Newham Open Graded Meeting
Wed 11th			Rosenheim League (U17+)
Sat 14th			Middlesex Championships
Sun 15th		Crystal Palace Triathlon	Middlesex Championships
Sat 21st			Southern Athletics League (U17+)
Wed 25th			Newham Open Graded Meeting
Sun 29th	Westminster Mile		
Jun 2016	Road Running	Triathlon	Athletics
Sat 4th	Serpentine Handicap (U17+)		
Sun 5th			Newham Open Graded Meeting
Wed 8th			Rosenheim League (U17+)
Sat 18th			Southern Athletics League (U17+)
Sun 19th		Jetstream Tri	
Sun 26th		Windrush Aquathlon	
Wed 29th			Rosenheim League (U17+)

## Juniors' Race Planner

Jul 2016	Road Running	Triathlon	Athletics
Sat 2nd	Serpentine Handicap (U17+)		
Sun 3rd		London Youth Games	London Youth Games
Tue 5th			Club Championship 3000m (U15+)
Sat 9th			Southern Athletics League (U17+)
Tue 12th			Club Championship 1mile (U15+)
Sat 16th	Club Championship 1k		
Wed 20th			Rosenheim League (U17+)
Thu 28th	Club Championship 5k		
Aug 2016	Road Running	Triathlon	Athletics
Sun 3rd			Newham Open Graded Meeting
Sat 6th	Serpentine Handicap (U17+)		
Sat 20th			Southern Athletics League (U17+)

*\* Unless otherwise stated, events are open to all age groups*